



To apply to a Fusionmovement Yoga Studio Teacher Training Program, complete and return the questions below.

Applications must include a \$250 non-refundable application fee and a recent photo (to help us put a face to your name). Completed applications should either be mailed or delivered in person to Fusionmovement Yoga studio, 336 Eagle St.N.unit 2J, Cambridge, ON, N3H 1C2. You may also contact us to arrange submitting your application by email.

If you have any questions or concerns, please contact our program director Natasja Payne at 519.589.3539 or at [info@fusionmovement.ca](mailto:info@fusionmovement.ca).

### **Fusionmovement 200 hour Yoga Teacher Training Application:**

Name:

Address:

Phone: (Home, Work, Cell)

E-mail Address:

Occupation:

Gender:

Date of Birth:

1. How many years have you been practicing yoga? Please describe previous yoga experience by style, teachers, and length of time with each. List any other teacher training programs that you have taken.
2. Describe your educational and professional background outside of yoga, including any other training that would be relevant for this program (i.e. chiropractic, massage, osteopathic, etc.).
3. Describe your yoga practice, including the strengths and limitations that you perceive in your practice. What have been the benefits of yoga in your life?
4. Describe your physical health; injuries, medical conditions or concerns.

5. Why do I want to become a Yoga Teacher?
6. How will my yoga students benefit from me as their Teacher?
8. What am I committed to? What's my passion?
9. What do I hope to gain from this course?